

Developmental Disability Resources

2023 Annual Report



The St. Louis Office for Developmental Disability Resources (DD Resources) is a public taxing entity, commonly known as a "Senate Bill 40 Board," that provides funding to agencies serving individuals with developmental disabilities in St. Louis City.

OUR MISSION is to ensure individuals with developmental disabilities in the City of St. Louis have quality services, choices, and full inclusion.

A MESSAGE FROM THE EXECUTIVE DIRECTOR

There is no shortage of great things happening in the City of St. Louis and at the St. Louis Office for Developmental Disability Resources. In this report, you will find outcomes, regional collaborations, and stories; all demonstrating our community's successes and the impact of your tax dollars at work. One major change we are eager to unveil is our new branding, including an updated logo! This refresh is more than just a new look. It accurately reflects the quality and impact of the work we do in the community, while underscoring our dedication to driving positive change.

In FY'23, we invested \$5.6 million in agencies that provide essential services to people with intellectual and developmental disabilities in the City of St. Louis. These diverse services create greater independence and better social integration for individuals in our community, improving their quality of life. You will read stories in this report about the utilization of some of these services and how they empower your friends, family, and neighbors.

Our Targeted Case Management program served over 500 individuals this year, connecting them to quality services that increase independence, provide choice, and support full inclusion. Case managers helped consumers navigate services, supporting them as they selected living, employment, and social activities that best met their goals and needs. Our case management staff take time to build relationships with participants and learn the city's resources well. We will continue to advocate for market-level reimbursement rates from the state for our TCM services so we can recruit and retain the best staff.

Our partnership with St. Louis County, St. Charles County, and Jefferson County SB40 boards continues through our work as the Eastern Region Alliance. DD Resources and our funded agencies have benefitted from our collaboration, and we want to encourage more partnerships that improve services and create efficiencies for developmental disability providers. Our funding priorities reflect this goal, and we will champion new and innovative programs and try to address unmet needs and service gaps.

Over 40 years ago, city residents voted to support people with intellectual and developmental disabilities. We want to thank the voters of St. Louis City for entrusting us with their tax dollars. Citizens can know that we are thoughtful with our resources because we understand the importance of the funding we have and our responsibility to grantees, participants, and city residents. We are transparent and responsible stewards of the tax revenue, and we continue to advocate for preserving those property tax dollars to fund the services and make the impact you will read about in the following pages.

Shaelene Plank Executive Director

Shaelene Plank



In FY'23 \$5,684,493 provided opportunities to 1,327 individuals with developmental disabilities,

which empowered them to reach their full potential and live as respected and included members of the community.

2023 AT A GLANCE

38
PARTNER
AGENCIES

75
QUALITY
SERVICES

505

Participated in DDR's Targeted Case Management Program



Accessed Family Support Services

Received supports to participate in the community

1,146
Attended disabilityspecific educational
programs

234 Families received support through respite care

6 NEW PROGRAMS



Children received early intervention



Targeted Case Management

DD Resources offers Targeted Case Management to connect individuals with developmental disabilities with resources tailored to their specific needs and goals.

Our Service Advocates thoughtfully develop a support plan with individuals and their guardians, helping them navigate the resources available to them and empowering them to choose for themselves.

Participation in Targeted Case Management can range from a yearly face-to-face meeting to monthly visits.







2023 Update

In FY23, the TCM department saw great success, demonstrating our commitment to enhancing service quality through efficiency, consistency, and transparency. Key highlights include the following:

- Our team set and exceeded seven outcome goals focusing on consumer success, administrative efficiencies, compliance, and quality standards.
- The department received an exemplary Annual Trend Report from the Missouri Department of Mental Health, noting above statewide compliance in all categories. In an audit focused on sixteen key areas, thirteen achieved 100% compliance, while three others reached 94% compliance, marking our department's best-ever evaluation.
- DD Resources collaborated with the First Steps program to create a more seamless process for individuals transitioning to DD Resources Case Management Services. This allows DD Resources to serve more individuals in our community and gives greater continuity and consistency with needed services as young children enter elementary school.



Meet Clarence

Clarence, a 24-year-old St. Louis City resident, has made significant strides in his personal and professional life with a lot of hard work and support from the St. Louis Office for Developmental Disability Resources' Targeted Case Management (TCM) department. After completing his degree in Information Systems and Technology from the University Missouri of St. Louis' Honors College in 2022, Clarence successfully embarked on his professional career, securing a position at a Fortune 500 company. He has since thrived and been invited to participate in multiple national conferences.

These accomplishments are rooted in Clarence's commitment to personal growth. However, the hard work and skill-building began long before entering the college classroom or workforce. Clarence participates in the Eastern Missouri Autism Project (EMAP), a program that provides access to services like DD Resources' Targeted Case Management. His Service Advocate helped him address personal goals involving socialization and overcoming concerns with bugs and fire. EMAP funding provided Clarence with the opportunity to attend the YMCA's Camp Lakewood. There, he developed a healthy respect for fire, which enhanced his cooking skills using a gas range and contributed to his overall independence and confidence in household tasks. It also allowed him to learn more about insects and how to appropriately remove them from his environment when necessary.

Additionally, his experiences at Camp Lakewood were pivotal in improving his comfort and skills in socializing with peers. This newfound confidence in social interactions was not only beneficial in a camp setting but also translated to his professional life, aiding in his seamless transition into the corporate world. His journey as a camp counselor over multiple summers before attending UMSL further demonstrates the positive impact of these experiences on his personal and professional growth.

His Service Advocate, Kelsi, has had the privilege of witnessing and assisting Clarence during this period of hard work, personal growth, and professional success.

"Working with Clarence has been inspirational not only professionally but also personally. He has a self-awareness that people pay a lot of money to learn and he uses that awareness to identify areas of potential growth. Clarence is a determined person who I am proud to have watched grow from a quiet seventeen year old filled with uncertainty about what life would bring and what challenges he would face along the way to a confident man who looks to his future with excitement."

Clarence's progress, supported by DD Resources, his advocate, Kelsi, and local service providers, illustrates the significant roles of structured support and personal determination in overcoming challenges and achieving career goals.



Community Services

Aisha, a Horizon Housing Development Company (HHDC) tenant entered the Permanent Supportive Housing (PSH) program in September 2019 with a dream of homeownership for herself and her two sons. The PSH program provides permanent housing for individuals with intellectual and developmental disabilities who are experiencing homelessness. HHDC provided Housing Case Management services to Aisha and her family to assist her in achieving all goals she set forth to accomplish while in the program.

Through the program, she diligently improved her finances, cleared her debts, and honed her parenting and household management skills with guidance from HHDC staff and collaboration with service providers. After four years of hard work, she was ready to start the homebuying process.

Aisha worked with her bank to stabilize her credit.
This allowed her to apply for a first-time homeowners loan, which was approved! In addition to saving the money needed for closing costs, she was able to rent a truck and hire professional movers.

Through the supportive services provided within the HHDC's Permanent Supportive Housing program, Aisha and her children could receive the support services needed to prepare to live independently in their own home.

COMMUNITY LIVING

supports individuals as they develop and maintain skills needed to live in the community. \$1,325,559 was invested in providing community living programs and services to 217 individuals.

In 86% of instances, individuals made progress toward having the skills to ensure their safety in their homes and community.

In 86% of instances, individuals made progress toward living independently in the community.

PROFESSIONAL SERVICES

support physical and emotional well-being for individuals and their caregivers.

COMMUNITY INTEGRATION

supports individuals in accessing their community and social life in self-directed, safe, and inclusive ways.

SUPPORT SYSTEMS

provide individuals and families with advocacy, education, training, and respite.

\$389,544 was invested in providing professional services to 99 individuals and families.

In 93% of instances, individuals and their caregivers made progress in their goals to experience improved emotional well-being.

In 92% of instances, individuals made progress in their goals to increase independence.

\$944,677 was invested in providing community integration programs and services to 442 individuals.

In 91% of instances, individuals made progress in their goals to experience positive and self-directed social lives.

In 94% of instances, individuals have the skills necessary to access and succeed in their community and social life.

\$1,926,625 was invested in providing support system programs and services to 1,298 individuals and families.

In 95% of instances, individuals and their caregivers made progress in their goals of managing stress, increasing skills for advocacy, and increasing understanding of their developmental disabilities.

In 90% of instances, individuals and their caregivers developed natural supports and connections to necessary formal supports.

Employment Services



Diane is a dedicated employee at the YMCA and participates in the Preferred Family Healthcare (PFH) Employment Retention Program. Her personal goal was to become CPR certified, a skill she valued for both her job and personal life. Despite the challenges involved in mastering the course material, Diane remained determined and focused. With support tailored to her needs, including untimed quizzes and the option to retake written tests, she diligently worked through the material. PFH helped her advocate for specifically adapted hands-on training. These sessions were team-taught by both YMCA and PFH staff to ensure Diane's manageability, comfort and comprehension.

The moment Diane achieved her CPR certification marked a significant personal victory. It wasn't just a professional milestone; it became a source of immense pride and confidence. Empowered by her success, Diane is actively seeking opportunities for continuing education and additional training related to her job. Her story demonstrates the impact of dedicated and personalized support and personal perseverance.

EMPLOYMENT TYPES

74%

10%

7%

7%

1%

1%

ASSEMBLY, MANUFACTURING, OR PACKAGING CLEANING OR MAINTENANCE

FOOD
PREPARATION OR
SERVICE

RETAIL SALES

GENERAL OFFICE AND ADMIN SUPPORT **OTHER**

EMPLOYMENT TRAINING

supports individuals, who may or may not be employed, to develop the skills necessary to obtain and maintain employment in the community.

In 100% of instances, individuals made progress in their goals to have the skills necessary to become

\$85,071 was invested in providing job

their goals to have the skills necessary to become employed in the community.

In 100% of instances, individuals who are employed, made progress in their goals to have skills necessary for career development and/or advancement.

EMPLOYMENT SERVICES

support working individuals to develop and maintain the skills necessary for employment and/or advancement.

\$1,518,203 was invested in providing employment services to 399 individuals.

In 86% of instances, individuals made progress in their goals to have the skills necessary to maintain employment.

In 72% of instances, individuals who are employed, made progress in their goals to have skills necessary for career development and/or advancement.



Pay Raises

122 individuals received pay raises not related to a minimum wage increase.



Benefits

Over 300 individuals had employment that offered a combination of benefits, including paid time off, health insurance, life insurance, dental/vision insurance, and retirement plans.



Hours

10% of employed individuals worked more than 30 hours a week.

Agency Supports

AGENCY SUPPORTS

fund the development and effectiveness of partner organizations.

\$105,567 was invested in Agency Supports, increasing the capacity of our partners to serve individuals and families.

- 7 of Horizon Housing Development Company's properties received necessary renovations.
- DD Resources sponsored the Association on Aging with Developmental Disabilites' Annual Conference, with approximately 500 people attending.
- House of Pais purchased 4 additional virtual reality headsets for its Integrated Services program.

New Programs

In 2023 DD Resources proudly added six new programs to its portfolio of funded services, further expanding the offerings available to St. Louis City residents.

Association on Aging with Developmental Disabilities

Circle of Friends • As individuals age, loneliness and isolation have become a growing health concern. Circle of Friends is an evidence-based social isolation prevention program for individuals 50 and older. Services are provided in a group format.

Systems Navigation • Navigation services adopt a tailored approach to assist families and individuals with understanding and navigating the developmental disabilities service system including assistance with referrals for community resources.

Easterseals Midwest

Self-Determination in Action • Self-Determination in Action teaches skills in self-advocacy and self-determination through an educational, mentoring, and leadership training program.

Mercy Hospital St. Louis

Employment Training • The Employment Training program supports individuals ages 18 and older in obtaining vocational skills needed to achieve and maintain successful, competitive employment.

St. Louis Arc

Family Navigator • Aging Family Navigator services connect individuals aged 30 and older and their families with customized support to increase their knowledge of services and resources to make informed choices about their current and future needs.

UCP Heartland

Assistive Technology • This program supports individuals with maintaining or acquiring skills to improve independence in their home, at work, or in the community using assistive technology and home and vehicle modifications.











Funded Partners

ARTISTS FIRST

Socialization \$35,366

ASSOCIATION ON AGING WITH DEVELOPMENTAL DISABILITIES

ISLA, Socialization, Retirement Supports, Family Supports \$624,812

BEST BUDDIES

Socialization \$10,606

BRIDGES COMMUNITY SUPPORT SERVICES

Counseling, ISLA \$255,610

BROADWAY TRANSPORTATION

Community Transportation, Employment Transportation \$68,810

CANTERBURY ENTERPRISES

Sheltered Employment \$95,844

THE CENTER FOR SPECIALIZED SERVICES

Adaptive Equipment/ Assistive Technology, Adult Employment Training, Supported Employment, General Operating Funding \$85,210

CHAPEL FOR THE EXCEPTIONAL

Socialization \$11,364

DEPARTMENT OF MENTAL HEALTH

Partnership for Hope Waiver \$64,510

DOWN SYNDROME ASSOCIATION OF GREATER ST. LOUIS

Family Support \$17,372

EASTERSEALS MIDWEST

ISLA, Family Support, In-Home Support, Youth Employment Training, Supported Employment, Advocacy \$191,850

EPILEPSY FOUNDATION OF MISSOURI AND KANSAS

Advocacy, Education Support \$30,850

EPWORTH CHILDREN AND FAMILY SERVICES

Counseling \$36,322

FAMILY ADVOCACY & COMMUNITY TRAINING (F.A.C.T.)

Family Support, Advocacy \$89,109

GATEWAY REGION YMCA

Socialization \$17,765

HEARTLAND INDUSTRIES

Sheltered Employment \$52,720

HORIZON HOUSING DEVELOPMENT COMPANY

Supportive Housing \$433,686

HORIZON NORTH HOUSING INC.

Supportive Housing \$232,131

HOUSE OF PAIS

Socialization \$130,419

INDUSTRIAL AID

Sheltered Employment \$263,600

JAZZ TRANSPORTATION

Community Transportation, Employment Transportation \$114,621

JUDEVINE CENTER FOR AUTISM

In-Home Support \$8,534

LIFEBRIDGE PARTNERSHIP

Camp, Socialization \$124,310

MERCY HEALTHCARE

Supported Employment, Adult Employment Training \$3,655

MERS/MISSOURI GOODWILL INDUSTRIES

ISLA, Sheltered Employment, Supported Employment \$301,883

OATS TRANSIT

Employment Transportation \$7,166

OPTIONS FOR JUSTICE

Advocacy \$103,959

PARAQUAD

Advocacy, Education Support \$12,134

PATHWAYS TO INDEPENDENCE

Socialization \$24,367

PREFERRED FAMILY HEALTHCARE

ISLA, Supported Employment, Youth Employment Training \$91,573

PROJECT CU, INC.

Sheltered Employment \$144,980

RECREATION COUNCIL OF GREATER ST. LOUIS

Socialization \$72,590

SOUTHSIDE WELLNESS CENTER

Community Transportation, Employment Transportation \$356,899

ST. LOUIS ARC

Adaptive Equipment/ Assistive Technology, Family Support, In-Home Support, Youth Employment Training, Supported Employment. Education Support \$1,722,866

SUNNYHILL, INC.

ISLA \$144,090

UCP HEARTLAND

Facility-Based Support, Supported Employment, Therapy, Adaptive Equipment/Assistive Technology \$168,110

VARIETY THE CHILDREN'S CHARITY OF ST. LOUIS

Adaptive Equipment/ Assistive Technology \$60,000

WORTH INDUSTRIES

Sheltered Employment \$118,620

FIVE-YEAR ANNIVERSARY Eastern Region Alliance

DD Resources is a proud member of the Eastern Region Alliance (ERA) team, a collaboration among the Senate Bill 40 Boards of St. Louis County, The City of St. Louis, Jefferson County, and St. Charles County. We embarked on this journey of alignment in January of 2019 with the goal to:

- 1. Reduce the administrative burdens that disparate requirements, tools, and processes placed on funded partners;
- 2. Allow for the collection, analysis, and reporting of regional data to inform strategy and decision-making; and
- Leverage taxpayer resources even more efficiently by creating a shared information technology infrastructure. In this fully customized portal, agencies conduct business with all four boards according to aligned requirements and practices.

REGIONAL IMPACT

EMPLOYMENT

In 83% of instances, individuals made progress in obtaining employment or advancing in their careers.

COMMUNITY CONNECTION

In 92% of instances, individuals increased access to their community, improved their well-being, or strengthened their natural support system.

INDEPENDENT LIVING

In 85% of instances, individuals made progress in their goal to live independently.











FINANCIAL REPORT

FINANCIAL REPORT			
JUNE 30, 2023 • STATEMENT OF NET POSITION •		JUNE 30, 2023 • STATEMENT OF ACTIVITIES •	
ASSETS		PROGRAM EXPENSES	
Cash and cash equivalents	\$777,041	Disability resource services provided	\$9,810,549
Investments	\$13,978,382	PROGRAM REVENUE	
Taxes receivable	\$753,829	Intergovernmental support	\$799,896
Targeted case management receivable	\$312,008	Targeted Case Management	\$1,788,837
Other accounts receivable	\$185,487	Other	\$695,349
Prepaid expenses and other assets	\$70,407	Total Program Revenue	\$3,284,082
Net pension asset	\$925,555	Net Program Expenses	\$6,526,467
Capital assets, net	\$68,646	GENERAL REVENUE	
Right-to-use assets - leases (net accumulated amortization)	\$1,337,157	Tax revenue	\$7,646,617
Total Assets	\$18,408,512	Investment income (expense), net	(\$87,624)
DEFERRED OUTFLOWS OF RESOURCES		Total General Revenue	\$7,558,993
Differences between expected & actual actuarial experience—pension	\$193,099	CHANGE IN NET POSITION	\$1,032,526
Change in assumptions—pension	\$64,765	Net Position - Beginning of the Year	\$14,859,785
Pension contributions made subsequent to measurement date	\$136,149	NET POSITION - END OF THE YEAR	\$15,892,311
Total Deferred Outflows of Resources	\$394,013	1 1	#
TOTAL ASSETS AND DEFERRED OUTFLOWS OF RESOURCES	\$18,802,525	3	器 PEN
LIABILITIES			
Accounts payable	\$705,453	6 A	
Accrued liabilities	\$103,620		
Accrued compensated absences	\$69,795		169
Lease liability due within one year	\$179,971	The Control of the Co	
Lease liability due in more than one year	\$1,180,453		and the second
Total Liabilities	\$2,239,292		
DEFERRED INFLOWS OF RESOURCES			

\$131,321

\$483,274

\$56,327

\$670,922

\$45,379

\$180,364 \$15,666,568

\$15,892,311

\$18,802,525

Difference between expected & actual earnings on pension

Difference between expected & actual experience—pension

Total Deferred Inflows of Resources

TOTAL LIABILITIES AND NET POSITION

Total Net Position

NET POSITION

investments

Unrestricted

Change in assumptions - pension

Net investment in capital assets

Restricted—SB3 transportation services



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